



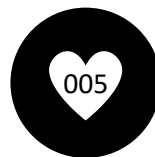
Carmarthenshire Celebrates ...

The Nurture Centre: Carmarthen

“I would like to put forward the Nurture Centre as a Carmarthenshire Lockdown Legend. Nurture is a big part of our family's structure and knowing we were still able to reach out to them, even if we were in isolation, was a huge help. So many of the classes and services that happen at Nurture were affected by the lockdown but they worked tirelessly to transfer as much online so people could still access their support network. From zoom 'meeting' parenting circle's to instructors being able to offer online yoga and even reduced rates on their own personal services, doulaing and hypnobirthing. I would also like to specifically mention Staci Sylvan and Christine Davies-Lamble: families in balance”.

CAVS Salutes You

Nurture Centre is inviting you to a scheduled Zoom meeting....



#LockdownLoyalty #Thank you

Community Recognition -Anonymous



Sir Gâr yn Dathlu ...

The Nurture Centre: Caerfyrddin

“Hoffwn gyflwyno'r Nurture Centre fel Arwr Cyfnod Cloi Sir Gâr. Mae Nurture yn rhan fawr o strwythur ein teulu ac roedd gwybod ein bod yn dal gallu estyn allan atynt, hyd yn oed pe byddem yn ynysu, yn help enfawr. Effeithiodd y cloi ar gynifer o'r dosbarthiadau a'r gwasanaethau mae Nurture yn cynnig ond fe wnaethon weithio'n ddiflino i drosglwyddo cymaint ar-lein fel y gallai pobl ddal i gael mynediad i'w rhwydwaith cymorth. O gylchoedd magu plant trwy Zoom i hyfforddwy'r yn gallu cynnig ioga ar-lein a hyd yn oed cost is ar eu gwasanaethau personol sef doulaing a hypnobirthing. Hoffen hefyd sôn yn benodol am Staci Sylvan and Christine Davies-Lamble: Teuluoedd mewn Cydbwysedd”.

Mae CAVS yn eich Cyfarch

Mae'r
Nurture
Centre
yn eich
gwahodd i
gyfarfod
Zoom...



FAMILIES IN
BALANCE

#Teyrngarwch #Diolch



Cydnabyddiaeth Gymunedol
- Dienw