



Carmarthenshire Celebrates ...

Fforest Post Office and Convenience Store: Carmarthen Road, Fforest.

“I would like to put forward Fforest Post Office and Shop as a Carmarthenshire Lockdown Legend. Beccy, her parents, daughter and all of the staff have been amazing since lockdown started. They have remained open for locals even at the very worst time, allowing banking, bill paying, posting, shopping, etc, all the while adhering to Social Distancing guidelines. They have also had a delivery service for people who cannot get to them. Their take away lunches and coffees have been invaluable to local tradesmen and we have been so grateful for their ability to source flour and other harder to find products”. **CAVS Salutes You**

Forest shop and post office needs a huge pat on the back amazing service and always a smile
Thank you 😊
They deserve the credit for tirelessly supporting us!
Thank you.

They have been keeping newspapers and magazines for me, and sourcing items that I've had to buy for my vulnerable relatives.

They handle all my posting requirements - I never have to queue, I just hand over my items (numerous per day) and they deal with them for me.

#LockdownLoyalty #Thank You



Community Recognition
-Anonymous



Sir Gâr yn Dathlu ...

Swyddfa Bost a Siop Gyfleustra Fforest: Heol Caerfyrddin, Fforest.

“Hoffwn gyflwyno Swyddfa Bost a Siop Fforest fel Arwr Cyfnod Cloi Sir Gâr. Mae Beccy, ei rhieni, ei merch a'r holl staff wedi bod yn anhygoel ers dechrau'r adeg cloi. Maent wedi aros ar agor i bobl leol hyd yn oed ar yr amser gwaethaf, gan ganiatáu bancio, talu biliau, postio, siopa, ac ati, wrth gadw at ganllawiau Pellter Cymdeithasol. Mae ganddyn nhw hefyd wasanaeth dosbarthu ar gyfer pobl sy ddim yn gallu cyrraedd. Mae eu cinio tecawê a'u coffi wedi bod yn werthfawr i grefftwyr lleol ac rydym yn ddiolchgar eu bod wedi gallu dod o hyd i flawd a chynhyrchion eraill sy'n anoddach dod o hyd iddynt”.

Mae CAVS yn eich Cyfarch

Mae angen pat enfawr ar gefn Siop a Swyddfa Bost Fforest - gwasanaeth anhygoel a bob amser gyda gwên Diolch 😊

Maen nhw'n haeddu'r clod am ein cefnogi'n ddiiflino! Diolch.

Mae nhw wedi bod yn cadw papurau newydd a chylchgronau i mi, ac yn cyrchu eitemau ar gyfer fy mherthnasau bregus.

Maen nhw'n trin fy holl ofynion postio - does dim rhaid i mi giwio byrh, rydw i'n trosglwyddo fy eitemau (niferus y dydd) ac maen nhw'n delio â nhw i mi.



#Teyrngarwch #Diolch

Cydnabyddiaeth Gymunedol
- Dienw