



Carmarthenshire Celebrates ...

Fruits of Eden

“I would like to put forward our local fruit and veg business, Fruits of Eden, as a Carmarthenshire Lockdown Legend. Phil and Claire Jones have a stall at the outdoor markets of Carmarthen, Ammanford and Llanelli supplying us all with good quality food. They quickly adapted during lockdown and developed a delivery service to those who were shielding. All of their staff are friendly, helpful and kind and look after their customers. This young couple work extremely long hours – harvesting, packing, setting up and taking down and now delivering alongside their family commitments. They really do care about people”.

CAVS Salutes You



#LockdownLoyalty #Thank You

Claire has also shared recipes and immune system boosting tips to help us help our own health.





Sir Gâr yn Dathlu ...

Fruits of Eden

“Hoffwn enwebu ein busnes ffrwythau a llysiau lleol, Fruits of Eden, fel Arwr Cyfnod Cloi Sir Gâr. Mae gan Phil a Claire Jones stondin ym marchnadoedd awyr agored Caerfyrddin, Rhydaman a Llanelli sy'n cyflenwi bwyd o ansawdd da i ni gyd. Fe wnaethant addasu'n gyflym yn ystod y broses gloi a datblygu gwasanaeth cludo i'r rhai a oedd yn cysgodi. Mae eu holl staff yn gyfeillgar, yn gymwynasgar ac yn garedig ac yn gofalu am eu cwsmeriaid. Mae'r pâr ifanc hwn yn gweithio oriau hir iawn - cynaeafu, pacio, sefydlu a chymryd i lawr, a nawr cyflawni ochr yn ochr â'u hymrwymiaidau teuluol. Maen nhw wir yn poeni am bobl”.

Mae CAVS yn eich Cyfarch



#Teyrngarwch #Diolch

**Cydnabyddiaeth Gymunedol
- Dienw**