

WI Y BRYN

Rydym yn grŵp clos sy'n cwrdd yn Neuadd Y Bryn yn Llanelli. Ni fyddai llawer o'n haelodau yn mentro ymhell o'u cartrefi eu hunain oni bai eu bod yn aelodau o WI y Bryn.

Mae bod yn aelodau yn golygu fod ganddynt hafan cymdeithasol diogel a digon o bobl eraill i siarad â nhw. Maent yn cael cwmni menywod eraill tebyg iddyn nhw ac yn gallu mwynhau eu hamser cymdeithasol mewn amgylchedd diogel.

Gallwn weld sut mae'r menywod yma'n blodeuo mewn cwmni da! OND, ers dechrau argyfwng Covid 19 daeth hyn i gyd i ben.

Mae ein pwyllgor bach (nifer ohonynt yn eu 70au) wedi addo gwneud popeth allant i helpu aelodau eraill yn y cyfnod argyfyngus hwn.

Rydym yn sylweddoli pa mor ofnus yw rhai o'r menywod hŷn, ac rydym felly'n darparu cylchlythyr o'r enw'r Bryn Bugle sy'n llawn newyddion am eu ffrindiau, jocs, cerddi ac ati.

Ddydd Sadwrn nesaf (30/5/2020) byddwn yn dosbarthu bag i bob aelod yn cynnwys rhywbeth bach blasus ar gyfer amser te dydd Sadwrn – bagiau te, sgoniau, pot bach o jam, tamaid o siocled ac ati – a'r cylchlythyr diweddaraf.

Mae ein grŵp WhatsApp yn llwyddiant mawr – ac mae'n tyfu o wythnos i wythnos.

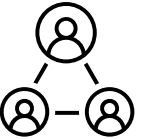
Yna ar ddydd Mercher rydym wedi annog y sawl sy'n gallu i ymuno â ni mewn cyfarfod Zoom. Mae'n rhaid iddyn nhw wisgo hetiau – yn arddull Ascot! Ac fe fyddan nhw'n rhan o gystadleuaeth i ennill bocs mawr o fefus ffres. Fe fyddan nhw'n sgwrsio, ac yn teimlo'n rhan o'n "Teulu" unwaith eto.

"A minnau wedi bod yn aelod o WI y Bryn ers amser maith rwyf wrth fy modd gyda'r ffordd y mae'r pwyllgor wedi cadw cysylltiad â ni trwy alwadau ffôn rheolaidd, cylchlythyr, a gwybodaeth ddefnyddiol a chyfarfodydd Zoom ar gyfer pobl sy'n gallu cymryd rhan, gan roi cyfarwyddiadau pan fod angen. Mae wedi gwneud imi deimlo ein bod yn dal o grŵp o ffrindiau da, er nad ydym yn gallu cwrdd am y tro".

"Shwmae, holl aelodau'r pwyllgor, mae Mam wedi cael eich cylchlythyr ac mae wrth ei bodd.

Mae'r gwahaniaeth a wnaeth i'w llesiant meddyliol yn rhyfeddol. Daliwch ati gyda'r gwaith da".

theWI
INSPIRING WOMEN



36 o
aelodau
rhwng 68-
90+ oed



Teulu



BRYN WI

We are a close group who meet at Bryn Hall in Llanelli.
Many of our members would not venture far from their own homes if not for their membership of Bryn WI.
Their membership means they have a safe social haven and plenty of other

people to talk with. They have the company of other like-minded women and are able to enjoy their social time in a safe and secure environment.

We see how these ladies thrive in good company!

BUT, since the start of the Covid 19 emergency this has all shuddered to a halt.

Our small committee (many of whom are in their 70's) have pledged to do all they can to help other members in this time of crisis.

We realise how frightened some of the older ladies are so we are providing a newsletter called the Bryn Bugle which is full of news of their friends, jokes, poems etc.

This Saturday (30/5/2020) we will be delivering a bag to each member containing a Saturday tea time treat - tea bags, scones, tiny pot of jam, some chocolate, etc- and the latest newsletter.

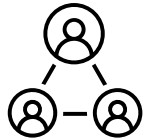
Our WhatsApp group is a big success- growing by the week.

Then on Wednesday we have encouraged those who can, to join us in a Zoom meeting. They have to wear hats- Ascot style! And they will be part of a sweepstake to win a large container of fresh strawberries. They will chat, and feel part of our "Family" once more.

"As a long standing member of Bryn WI I am delighted at the way the committee has kept us all in touch with regular phone calls, news letters, with helpful information and zoom meetings for those who are able, instructions given where required. It has really made me feel we are still part of a group of good friends, even though we are unable to meet for the moment".

"Hi, all in the committee Mum has received your newsletter and is delighted.
The difference it has made to her mental wellbeing is amazing.
Keep up the good work".

theWI
INSPIRING WOMEN



36
members
Between
68-90+
years



Family



Cwtch Bag

**The committee have done it again, well how kind,
Showing us out of sight's NOT out of mind,
A bag full of things that will help us to cope,
Now that lockdown's starting to ease, - well we hope.
Giving us a cause for some mild jubilation,
After these long days of forced separation
I'm sure W.I members, we are all agreed,
A cwtch in a bag, is just what we need!**

W.M.L. 16/06/2020



Clearly

A

Very

Superb

organisation

Thank you so
much from all
the members
of Bryn WI.

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