**Agenda**

|  |  |  |  |
| --- | --- | --- | --- |
| **Dyddiad/ Date** | **Amser / Time** | **Lleoliad / Venue** | **#** |
| 25/08/2021 | 18:30-20:00 | Zoom | 002 |

Bydd cyfarfodydd drwy Zoom yn cael eu recordio i gefnogi gydag adroddion a chofnodion ac er mwyn rhannu cyflwyniadau y cytunwyd arnynt YN UNIG (Oni chytunir fel arall).

Meetings via Zoom will be recorded to support with minute reporting and sharing of agreed presentations ONLY (Unless agreed otherwise).

|  |  |  |
| --- | --- | --- |
| # |  | Dan arweiniad / Led by |
| 01 | Croeso ac Ymddiheuriadau  Welcome and Apologies | JH |
| * Maria Turke, Incredible Edible Carmarthenshire [Incredible Edible Carmarthenshire | Facebook](https://www.facebook.com/groups/224874001178723) * Anna Charalambous-Green [West Wales Woods and Agroforestry Centres | Facebook](https://www.facebook.com/westwaleswoods) * Alex Cook [Swperbox CIC | Facebook](https://www.facebook.com/Swperbox) | | |
| 02 | Rhagarweiniad gan y mynychwyr  Introduction from those in attendance | Grŵp / Group |
| * Jackie Hamilton, Salvation Army [Carmarthen Salvation Army | Facebook](https://www.facebook.com/Carmarthen-Salvation-Army-1219711001405528) * Jan Morgan, CBSA [CBSA West Wales | Facebook](https://www.facebook.com/CBSAoffice) * Lesley Hughes, Co-op pioneer [Co-op | Facebook](https://www.facebook.com/CoopFoodCarmarthen) * Teresa Armstrong, Threshold [Threshold-DAS Limited | Facebook](https://www.facebook.com/ThresholdDAS) * Heather Thomas, Fareshare [FareShare Cymru | Facebook](https://www.facebook.com/FareShareCymru) * Kay Helyar, DJP [The DPJ Foundation | Facebook](https://www.facebook.com/thedpjfoundation) | | |
| 03 | The DPJ Foundation | **Kay Helyar**  Rheolwr Hyfforddiant/ Training Manager |
|  | 1. **Support** through specific local counselling 2. **Awareness** through social media discussing mental health 3. **Mental Health Awareness** we offer a bespoke training package to help   Right click on image>save as picture | |
| Badge Tick1 with solid fill | Network Action – please contact [kay@thedpjfoundation.co.uk](mailto:kay@thedpjfoundation.co.uk) if you would like to access their mental health training. | |
| 04 | Asesiad Lles  Well-being Assessment | **Llinos Evans**  Swyddog Polisi a Phartneriaeth Policy & Partnership Officer  TG a Pholisi Corfforaethol  / IT & Corporate Policy  Adran Y Prif Weithredwr / Chief Executive’s Department |
|  | [Asesiad o Lesiant Lleol](https://www.sirgar.llyw.cymru/cartref/cyngor-a-democratiaeth/ymgynghori-a-pherfformiad/ymgynghoriadau-actif/asesiad-o-lesiant-lleol/)  [Assessment of Wellbeing](https://www.carmarthenshire.gov.wales/home/council-democracy/consultation-performance/current-consultations/assessment-of-well-being/)[Y Cymru a Garem](https://www.youtube.com/watch?v=hGGIcqx_6jA) [The Wales we want](https://www.youtube.com/watch?app=desktop&v=RuYzNgUZi98)[Llesiant yn Sir Gaerfyrddin](https://www.sirgar.llyw.cymru/media/1226249/llesiant-sir-g%C3%A2r.pdf) [Wellbeing in Carmarthenshire](https://www.carmarthenshire.gov.wales/media/1226250/wellbeing-in-carmarthenshire.pdf) | |
| Badge Tick1 with solid fill | Network Action – please complete the survey and promote to all of your networks. This is an opportunity for us to have our voice heard and to have food poverty included in the next Well-being Plan for Carmarthenshire.  Any queries, contact: [LlinEvans@carmarthenshire.gov.uk](mailto:LlinEvans@carmarthenshire.gov.uk) | |
| 05 | Diweddariad y Grŵp Llywio  Steering Group update | JH |
| Carmarthenshire Food Poverty Funding – CAVS made an application on behalf of the network for a 22.5 hr position to assist with network coordination.  Q: Who else has applied? Please let us know  The Steering Group will be meeting at the beginning of September to discuss the process of Carmarthenshire becoming a [Sustainable Food Place.](https://www.sustainablefoodplaces.org/get_involved/become_a_member/) We will be considering which organisation will take a lead as well as if the application will be made in October or March. If we succeed in the application, there will be an opportunity for funding for a co-ordinator. | | |
| Badge Tick1 with solid fill | Network Action: The steering group are still outstanding representation from the growing group and the hot food projects. We have contacted a representative from Castell Howell and will be looking for an education representative.  **We can’t do this without you.** | |
| Exclamation mark with solid fill | Addendum – Janice Morgan from CBSA has put herself forward to represent the Community Growing Groups.  Any comments to [Jamie.horton@cavs.org.uk](mailto:Jamie.horton@cavs.org.uk) by 07/09/2021 please. | |
| 06 | Rhannu gwybodaeth / Diweddariadau  Information share / Updates | Grŵp / Group |
| [RESOURCES](https://www.salvationarmy.org.uk/resources)  Carmarthen Salvation Army | Opening up more - hot food at front door 12pm Tues/Thurs. 10-12 people can come in for coffee and chat. Tues am joined by Mind Llanelli. 90% approx. need a chat with MH focus. Employment plus Tues/Wed to help get back into work. Dyfed Drugs and alcohol tbc. Still maintaining a 1m distance. Open from 10am. Building volunteer base - hope to move to sitting down to share a hot meal. Going to ask people what they want sitdown/takeaway 50/50? Serve approx. 30 meals each time. Plus provide a food bag. Volunteers are energised by face to face.  \*\*\*Volunteers needed (sympathise with the aims and values of The Salvation Army).  1. *Community programme volunteers* – help make tea and take names at the door. Urgent. 9.30 to 1pm on a Tuesday or a Thursday for the next few weeks but would extend to 2.30pm in the coming months if they wished to continue. 2. C*harity shop volunteers*. | |
| Fareshare | Fareshare are using infoengine! Currently reach Llanelli and now looking to move further West. Discussions around van hosting in Carmarthen/Llanelli. More information to come. Looking at Community Food Members who would host. Welcome Heather to our team and network, newly in post (congratulations). | |
| [RESOURCES](https://threshold-das.org.uk/resources/)  Threshold | Welcome to Teresa, as this was her first meeting. Helping hands food bank for Threshold clients. Received their 2nd delivery from Fareshare. People not attending offices so support continues to remain virtual. Need to publicise. | |
| [RECIPES](https://www.coop.co.uk/recipes)  Co-op | [Co-op and hubbub community fridges](https://www.hubbub.org.uk/the-community-fridge): No current interest in Carmarthen.  Previous meeting put a shout out for food share partners – great news, have partners who collect 5 days a week. | |
| [RESOURCES](https://cbsa.org.uk/our-services/WiseUptoWaste/)  CBSA | Food Store at the Old School House, Stebonheath Terrace, Llanelli, SA15 1NE. This will be open every Thursday from 2.30pm - 6pm and every Friday from 10.00am - 2.30pm.  We also have a store at the Senior Citizen Hall, Parc Y Minos Street, Burry Port SA16 0BN. This is open every Tuesday from 11am - 5pm.  [Food forward](https://cbsa.org.uk/our-services/food-forward-clubs/?fbclid=IwAR3TdTJj1uLNoBwV5W7UgeKC4S9mh5XP3KbZptwXV_7BStGJDobUehhzoeQ) delivery services: Gwendraeth, llanelli, BP and out to Hendy. Also in NEast Llandovery, Llangadog, Llanybydder. Developing food hubs. Composting going well. Growing scheme Troste - back into food schemes to be delivered.  Opening outdoor classroom Macynys. Food resilience programmes. Food boxes. Work around homelessness. | |
| 07 | Gwaith Celf Cymunedol  Community Artwork | Jamie Horton |
|  | The Connect the Kindness Carmarthenshire artwork project has produced a beautiful collage which is being shared throughout the county. | |
| Badge Tick1 with solid fill | Network Action - If you would like a copy to display at your community venue, AM DDIM, please let JH know or contact [susansmith@cccpartners.org.uk](mailto:susansmith@cccpartners.org.uk) (Our Carmarthenshire Connector Plus/steering group member). We have a variety of sizes with all communities represented. Indoors and outdoors. | |
| 08 | Unrhyw fater arall / Any other business | Grŵp / Group |
| * Reminder to add your information to infoengine. This is Wales’ third sector directory and services across the county are using this to refer clients etc. [We have added some additional resources to the CAVS website](https://cavs.org.uk/engagement/infoengine/). * Support needed to increase the network please. Please promote to projects/groups within your locality. | | |
| 09 | Materion ar gyfer y cyfarfod nesaf  Matters for the next meeting | Awgrymiadau ar gyfer siaradwyr ac ati  Suggestions for speakers etc |
| None identified. | | |
| 10 | Dyddiad y cyfarfod nesaf / Date of next meeting | 30/11/2021: 18:30 |
| Rhwydweithiau  Networks | | Jamie Horton |
| [Children and Young People Network 26/10/2021](https://cavs.org.uk/engagement/children-and-young-people-network/)  [Health and Wellbeing Network 28/09/2021](https://cavs.org.uk/engagement/health-and-well-being-network/)  [Environment Network – September TBC](https://cavs.org.uk/engagement/environment-network/)  [Carmarthenshire Food Network 30/11/2021](https://cavs.org.uk/engagement/carmarthenshire-food-network/)  [The Community Centres Network -November TBC](https://cavs.org.uk/engagement/community-centres-network/)  [Carmarthenshire Volunteer Organiser’s Meeting (CVON) 05/10/2021](https://cavs.org.uk/volunteering/volunteering-for-organisations/cvon/) | | |