Rhwydwaith Bwyd Sir Gâr

Cyswllt I Rhannu I Cymorth

Gweithio mewn partneriaeth â CAVS

Carmarthenshire's Food Network

Connect I Share I Support

Working in partnership with CAVS

Agenda

Dyddiad/ Date	Amser / Time	Lleoliad / Venue	#
17/03/22	14:00-16:00	Online	1st Community Food Providers Cluster Group meeting

Bydd cyfarfodydd drwy Zoom yn cael eu recordio i gefnogi gydag adroddion a chofnodion ac er mwyn rhannu cyflwyniadau y cytunwyd arnynt YN UNIG (Oni chytunir fel arall).

Meetings via Zoom will be recorded to support with minute reporting and sharing of agreed presentations ONLY (Unless agreed otherwise).

#		Dan arweiniad / Led by
01	Croeso ac Ymddiheuriadau Welcome and Apologies	Jamie Horton, Carmarthenshire Association of Voluntary Services (CAVS)/Augusta Lewis, Rhwydwaith Bwyd Sir Gar/Carmarthenshire Food Network (CFN)
02	Rhagarweiniad gan y mynychwyr Introduction from those in attendance	Grŵp / Group
03	Slot cyflwyno (20 munud) Presentation slot (20 minutes)	Laura Thomas (Hywel Dda- community nutrition)
04	Slot cyflwyno (15 muned) Presentation slot (15 minutes)	Peter Hughs (NEST- Wales' warm homes scheme)
05	Slot cyflwyno (20 munud) Presentation slot (20 minutes)	Alex Cook (Swperbox- Surplus cook and freeze)
06	Y wybodaeth ddiweddaraf am y Rhwydwaith Network update	Augusta Lewis (CFN- Shaping a Food Charter for the county)
07	Rhannu gwybodaeth / Diweddariadau Information share / Updates	Grŵp / Group
08	Unrhyw fater arall / Any other business	Grŵp / Group
09	Materion ar gyfer y cyfarfod nesaf Matters for the next meeting	Augusta & Jamie
10	Dyddiad y cyfarfod nesaf / Date of next meeting	Jamie
	Rhwydweithiau CAVS CAVS Networks	Jamie (CAVS)

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Cofnodion / Minutes

Dyddiad/ Date	Amser / Time	Lleoliad / Venue	#
17/03/22	14:00-16:00	Zoom	1st Community Food Providers Cluster Group meeting

Presenoldeb yn y cyfarfod / Meeting attendance			
Mynychwyr Attendee	Rôl Role	Yn bresennol Attendance	e-bost neu gyfryngau cymdeithasol email or social media
Augusta Lewis	CFN Assistant (CAVS)		Augusta.Lewis@cavs.org.uk
Teresa	Food Bank Coordinator Threshold		(2) Threshold-DAS Limited | Facebook
Alex	Banc Organics CIC		(2) Banc Organics | Facebook
Andrea Sanders	Ar Ardd Llandysul Seed Library Lampeter Resilience Hub		(2) Yr Ardd | Facebook
Heather Thomas	FareShare Cymru		(2) FareShare Cymru | Facebook
Joe Green	Youth Worker Dr Mz Gardening/Food Growing/Cooking		(1) Dr.M'z | Facebook
Laura Thomas	HDUHB		Nutrition Skills for Life®
Peter	NEST		(1) Nest | Facebook
Sian Ellen	Communication Manager Food Sense Wales		Food Sense Wales / Synnwyr Bwyd Cymru | Facebook
Alex Cook	Swper Box CIC		Swperbox CIC | Facebook
Sophie Morgan	Foothold Cymru		(11) Foothold Cymru | Facebook

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Bydd cyfarfodydd drwy Zoom yn cael eu recordio i gefnogi gydag adroddion a chofnodion ac er mwyn rhannu cyflwyniadau y cytunwyd arnynt YN UNIG (Oni chytunir fel arall).

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#		Dan arweiniad / Led by
01	Croeso ac Ymddiheuriadau Welcome and Apologies	Augusta
Apologies: Jamie Horton / Jackie Dorrian		
• **Rhwydwaith Bwyd Sir Gâr Carmarthenshire's Food Network | Facebook** • **Food Network - CGGSC~CAVS**		
02	Rhagarweiniad gan y mynychwyr Introduction from those in attendance	Grŵp / Group

03	Slot cyflwyno / Presentation slot Hywel Dda- community nutrition	Laura Thomas
Train individuals who work alongside those in the community (not members of the public) eg. Food and Fun (School initiative prog) trained to level 2. Clinical ref pathways in place through GP's etc. No current pathway for social referrals. **Carmarthenshire Food Network members working with the public are ideal candidates to access the training**. (eg. Augusta CFN / Heather from Fareshare / Alex Swper Box) Food Network - CGGSC~CAVS		
04	Slot cyflwyno / Presentation slot The Welsh Government Warm Homes Nest scheme @NythCymru/@NestWales	Peter Hughes
Targets are being exceeded – 5000+ per year. Care and Repair 70+ over 200 referrals. Must be proactive to receive a share of the funding. Food poverty – Fuel poverty – Water poverty Leaflets and guidance shared on CAVS website Food Network - CGGSC~CAVS		
05	Slot cyflwyno / Presentation slot	Alex Cook
Information table next to community freezer in the Nurture Centre. Food Network - CGGSC~CAVS		
06	Y wybodaeth ddiweddaraf am y Rhwydwaith Network update	Augusta Lewis
• Developing the cluster groups, over 100 members • Revamping website and social media presence • Application to become part of the sustainable food places scheme – our network is a stakeholder representing the grassroots element • Bwyd Sir Gâr Food partnership leading the application. Watch this space. • Conducting a survey across Carmarthenshire – use of food services https://carmarthenshire.researchfeedback.net/s/om4i7a Please share. • Good food stories being collected for next newsletter.		
07	Rhannu gwybodaeth / Diweddariadau Information share / Updates	Grŵp / Group
Zyg – Men2men group meeting on our land / woodland. Mental health wellbeing in nature. Suggested growing food to bring home. Being grounded. Sense of wellbeing. Personal manifesto. Sowing seeds! We are a seed guardian. **CALL OUT – any Fruit/Veg/Seeds/Plants - Globe artichoke / Jerusalem artichokes / strawberries. We will distribute once grown. Diolch** Social farms and gardens can support landowners who bring in community groups**.**		
Theresa – thanks to Alex Cook for support. Praise for FareShare.		
Sophie – Praise for FareShare. Praise for the Network – connect, share, support.		

Heather – FareShare vans coming down to Llanelli now. Hopefully Carmarthen. Do you know anyone who would benefit?		
08	Unrhyw fater arall / Any other business	
• Question – Are there any funding opportunities available for the Network? michael.jonas@cavs.org.uk Michael is our funding officer. Funding Wales Sustainable Funding - CGGSC~CAVS • It would be valuable to visit other members of the Network – in person site visits to develop Network resilience. • Network celebration event? • Please remember to share your news/requests etc on the Network Facebook group: Rhwydwaith Bwyd Sir Gâr Carmarthenshire Food Network | Facebook		
09	Materion ar gyfer y cyfarfod nesaf Matters for the next meeting	
10	Dyddiad y cyfarfod nesaf / Date of next meeting	June TBC