**The Purpose of this group**

* Bring likeminded people working with children and young people in the county share expertise, issues i.e. lockdown, doing things correctly.
* Share practice, addressing difficult times, support from each other and share what has worked and what does not work.
* Ways to be innovative with activity packs.
* Home schooling, difficult right now – COVID Fatigue
* Link with other organisations to see how to move forward especially currently
* New legislation updates
* Big get together to celebrate what we do
* Partnership bids
* Include surveys in activity packs
* Training on Excel and other digital products

**Cofnodion / Minutes 6**

[**Rhwydwaith**](https://cavs.org.uk/engagement/community-centres-network/)[**Network**](https://cavs.org.uk/engagement/community-centres-network/) **6**

**Tuesday 13/09/2022: 10:30 on Zoom**

Jackie welcomed everyone to the meeting.

All minutes of Network meetings are on our website under [Engagement](https://cavs.org.uk/engagement/children-and-young-people-network/)

**10 minute Presentations for January 2023:**

Carol – DBS

Yvonne Hutchinson Ruff CCC

Sarah Davies

**Presentations**



Carmarthenshire County Council – Wellbeing Objectives – Llinos Evans

Menter Gorllewin Sir Gar – Meinir Evans

[Graphical user interface, application

Description automatically generated](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.canva.com%2Fdesign%2FDAFEPos0b7s%2FVoky_2mzzaCDGBkRwnACiw%2Fview%3Futm_content%3DDAFEPos0b7s%26utm_campaign%3Ddesignshare%26utm_medium%3Dlink2%26utm_source%3Dsharebutton&data=05%7C01%7Crebecca.flanagan%40careerswales.gov.wales%7Cb2a6ebfe509445297d1808da7949dd35%7Ce7c850d1336f4f9cb4043f6991c24bb3%7C0%7C0%7C637955655403975741%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=%2F%2Bwk09VsL%2FAI2BGHvf4p%2FhtwZ21%2B5hr%2BTMbkxNEpBdk%3D&reserved=0)

Rwyf yn gyffrous i rannu gyda chi fod ein gwefan [www.profi.cymru](https://gbr01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.profi.cymru%2F&data=05%7C01%7Crebecca.flanagan%40careerswales.gov.wales%7Cb2a6ebfe509445297d1808da7949dd35%7Ce7c850d1336f4f9cb4043f6991c24bb3%7C0%7C0%7C637955655403975741%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=5x6b0SxZV6j8XFE4wtsTKGZks3fBZ2W9yZZdb1VH7Vg%3D&reserved=0) wedi mynd yn fyw. Mae’r wefan yn cynnwys cyngor ar gyfer datblygu sgiliau byd gwaith mewn ffordd digidol apelgar. Ni wedi trafod cynnwys y wefan a cwis sgiliau gyda 300 o bobl ifanc mewn grwpiau ffocws. Dyma’r unig cwis sgiliau dwyieithog yr ydym yn ymwybodol ohono felly ni’n falch iawn o allu datblygu adnodd arloesol yma.

Bydd cynnwys y wefan yn adnodd ar gyfer gwersi Bagloriaeth Cymru a chyflwyno cwricwlwm gwybodaeth i gefnogi addysg gyrfaoedd a phrofiadau cysylltiedig â byd gwaith yn rhan o ddatblygiadau Cwricwlwm i Gymru.  Ynghyd á fod yn gymorth i bobl ifanc sydd wedi gadael addysg i ddod o hyd i swydd a datblygu sgiliau ar gyfer fyd gwaith.

Dyma gyflwyniad i chi ar gefndir a datblygiadau cynllun Profi. Mae yna fideo o fewn y cyflwyniad islaw ar gyngor i ddefnyddio’r wefan. Gellir cael mynediad i wefan Profi drwy’r ddolen yma [Athrawon – Profi](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fprofi.cymru%2Fathrawon%2F&data=05%7C01%7Crebecca.flanagan%40careerswales.gov.wales%7Cb2a6ebfe509445297d1808da7949dd35%7Ce7c850d1336f4f9cb4043f6991c24bb3%7C0%7C0%7C637955655403975741%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=YhS6VdhP9WrURbFQUr5sia3Lp6%2F4QbR1h44N86YGKQk%3D&reserved=0) i gofrestru. Bydd angen cadarnhau’r cyfri drwy e bost gan wirio ffolder spam gan fod e byst .cymru yn gallu glanio yno.

Byddaf yn fwy na hapus i gynnig hyfforddiant i gynnwys y wefan a ymateb i unrhyw ymholiadau dros Teams.

I hope you are keeping well. I’m excited to share with you the news that the Profi website to support young people to develop skills for the world of work has gone live.  The website includes bite size advice and guidance presented in a digitally appealing format. We’ve discussed the content and tested the quiz with over 300 young people in focus groups.  This is the only bi-lingual interactive skills quiz that we’re aware of , therefore we’re very pleased to develop this innovative resource to support pupils to recognise and develop their skills for the world of work.   The content can support the implementation of the Curriculum for Wales and the Welsh Baccalaureate as well as providing useful tips and guidance for young people with job search and developing skills for the world of work.

The content of the [www.profi.cymru](https://gbr01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.profi.cymru%2F&data=05%7C01%7Crebecca.flanagan%40careerswales.gov.wales%7Cb2a6ebfe509445297d1808da7949dd35%7Ce7c850d1336f4f9cb4043f6991c24bb3%7C0%7C0%7C637955655403975741%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=5x6b0SxZV6j8XFE4wtsTKGZks3fBZ2W9yZZdb1VH7Vg%3D&reserved=0) website will support the delivery of Welsh baccalaureate lessons and with developments in the work-related education curriculum.  A bi lingual presentation with a demonstration on the website can be accessed in the image above. Here is a link to register for accessing the website [Teachers – Profi](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fprofi.cymru%2Fen%2Fteachers%2F&data=05%7C01%7Crebecca.flanagan%40careerswales.gov.wales%7Cb2a6ebfe509445297d1808da7949dd35%7Ce7c850d1336f4f9cb4043f6991c24bb3%7C0%7C0%7C637955655403975741%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=E36yzs9XhlHOTZHuBa4CrgH21kCR4f9Dn9xySYgMAZs%3D&reserved=0). You will need to verify your account from your e mail. As we use .cymru e mail address you will also need to check your spam/junk folder as the e mail occasionally filters through to these folders.

<https://www.eventbrite.co.uk/e/children-and-young-people-network-rhwydwaith-plant-a-phobl-ifanc-tickets-418863230197>



Dr Mz



Centre for Children & Young People Mental Wellbeing

**Information exchange**

Mae prosiect AMETHYST yn rhannu sgiliau a chyfleoedd dysgu gyda phobl  
broffesiynol eraill a’r rhai sydd â diddordeb mewn gweithio gyda phobl ifanc sy’n  
brwydro gyda’i hiechyd meddwl. Dewch i gwrdd â thîm y prosiect a phrofi’r gwaith  
yr ydym yn ei wneud mewn 3 sesiwn am ddim yn Theatr Byd Bychan, gan  
ddechrau fis Rhagfyr 2022.

Cychwynnodd prosiect Theatr Byd Bychan yn 2016 gyda 2 hwylusydd a 2 weithiwr  
cefnogi. Rydym ni’n parhau i fod yn dîm bach, ond rydym ni’n edrych ar ffyrdd i  
godi ymwybyddiaeth o’n gwaith ac i rannu peth o’n methodoleg a’n harferion er  
lles y boblogaeth yn ehangach.

Gyda thros 20+ mlynedd o brofiad, mae ein hwyluswyr yn cynnal gwaith grŵp  
mewn gwagle diogel gan ddefnyddio Theatr y Gorthrymedig, ynghyd â theori  
therapiwtig a gemau i godi lefelau endorffin er mwyn gwella iechyd a lles. Fe  
hoffem ni roi cyfle i weithwyr proffesiynol eraill i brofi’r dulliau hyn.

Bydd y gweithdai’n rhai seiliedig ar brofiad, felly byddwn yn disgwyl i’r rhai sy’n  
mynychu i gymryd rhan yn y gweithgareddau. Mae nifer y llefydd yn gyfyngedig ac  
ar agor i rai sy’n 18+ oed. Cysylltwch â rheolwr y prosiect, Deri Morgan am fwy o  
fanylion [deri@smallworld.org.uk](mailto:deri@smallworld.org.uk).

The AMETHYST project is sharing skills and learning opportunities with other professionals

and those interested in working with young people who are struggling with their mental  
health. Meet the project’s team and experience the work we do in 3 free sessions at Small  
World Theatre beginning December 2022.

Small World Theatre’s project began in 2016 with 2 facilitators and 2 support workers. We

are still a small team, but we are looking to raise awareness of our work and share some of  
our methodology and practices to benefit a wider demographic.

With 20+ years of experience, our facilitators hold a safe space in group work using methods

such as Theatre of the Oppressed, alongside therapeutic theory and endorphins raising  
games to improve health and wellbeing. We’d like to give other professionals the  
opportunity to experience these methods.

The workshops will be experiential, so we expect those who attend to take part in the

activities. Spaces are limited and open to ages 18+. Please contact project manager Deri  
Morgan for further information [deri@smallworld.org.uk](mailto:deri@smallworld.org.uk).

**CAVS Membership**

[Our Membership is now Free](https://cavs.org.uk/about-us/cavs-membership/)

If you are not connected digitally then please contact us and we can assist you.

Look at the [funding](https://cavs.org.uk/latest/news/) that is currently available from CAVS

**Networks – issues arising:**

Third Sector Support Wales (TSSW) 19 CVCs and WCVA

Portals available to the sector.

* <https://thirdsectorsupport.wales/>
* <https://infoengine.cymru/>
* <https://carmarthenshire.volunteering-wales.net/vk/volunteers/index.htm>
* <https://funding.wales/>

CAVS have a new [learning portal](https://cavs.org.uk/learning/learning-portal/) - have a look at the courses we are offering:

* [Connect To Kindness - CGGSC~CAVS](https://cavs.org.uk/learning/learning-portal/connect-to-kindness/)
* [www.facebook.com/groups/ccsirgar/](http://www.facebook.com/groups/ccsirgar/)
* <https://connectcarmarthenshire.org.uk/> (18+)

If you do not have information on Infoengine it is suggested that you sign up and put information on the site. Infoengine is linked to Dewis. We are looking at ways these sites could be linked with ConnectCarmarthenshire.

[**Infoengine - CGGSC~CAVS**](https://cavs.org.uk/engagement/infoengine/) **(How to guides)**

Please sign up to TSSW Knowledge Hub there is a huge amount of great information on there.

**Any Other Business**

Dates of next meeting: via Zoom

CAVS website  <https://cavs.org.uk/events/children-and-young-people-network/>

Eventbrite: <https://www.eventbrite.co.uk/e/children-and-young-people-network-rhwydwaith-plant-a-phobl-ifanc-tickets-418863230197>

Everyone thanked for attending the meeting. If anyone has anything to share, then please send to Jackie.

Dates for future meetings: Tuesday 17th January 2023 10.30 – 12.30

**CAVS Networks**

* [Children and Young People Network - CGGSC~CAVS](https://cavs.org.uk/engagement/children-and-young-people-network/)
* [Community Centres Network - CGGSC~CAVS](https://cavs.org.uk/engagement/community-centres-network/)
* [Environment Network - CGGSC~CAVS](https://cavs.org.uk/engagement/environment-network/)
* [Health and Well-being Network - CGGSC~CAVS](https://cavs.org.uk/engagement/health-and-well-being-network/)
* [CVON - CGGSC~CAVS](https://cavs.org.uk/volunteering/volunteering-for-organisations/cvon/)
* [Food Network - CGGSC~CAVS](https://cavs.org.uk/engagement/carmarthenshire-food-network/)
* Befriending Network - CGGSC~CAVS

<https://cavs.org.uk/engagement/>

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